



# Thomas Edison Charter

## October 2016 Breakfast Menu

Healthy Meals Grow Healthy Kids!



### Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

#### Student Breakfast

\$1.75

#### Adult Breakfast

\$2.25

#### Reduced Breakfast

\$0.30

take time for  
**SCHOOL BREAKFAST**



### Nutrition News:

#### Show your spirit this month for National School Lunch Week!

The meals offered in your cafeteria include a variety of fruit and vegetable choices, whole grains, fat-free or low-fat milk, and "right-sized" portions. Be sure to select all meal components to make it a complete, well-balanced lunch!



**MASCHIO'S MAIN EVENT**

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	4 <b>Assorted Muffins</b> <b>Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	5 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	6 <b>Yogurt</b> <b>Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	7 <b>Bagel with</b> <b>Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
10 <b>Columbus Day</b>  <b>School Closed</b>	11 <b>Assorted Muffins</b> <b>Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	12 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	13 <b>Yogurt</b> <b>Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	14 <b>Bagel with</b> <b>Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
17 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	18 <b>Assorted Muffins</b> <b>Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	19 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	20 <b>Yogurt</b> <b>Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	21 <b>Bagel with</b> <b>Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
24 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	25 <b>Assorted Muffins</b> <b>Cheese Stick</b> Assorted Fruit 100% Fruit Juice Milk Selection	26 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	27 <b>Yogurt</b> <b>Graham Crackers</b> Assorted Fruit 100% Fruit Juice Milk Selection	28 <b>Bagel with</b> <b>Cream Cheese</b> Assorted Fruit 100% Fruit Juice Milk Selection
31 <b>Cereal Bag</b> Assorted Fruit 100% Fruit Juice Milk Selection	 <b>Happy Halloween!</b>			

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: [www.maschiofood.com](http://www.maschiofood.com)



"This institution is an equal opportunity provider"