



Thomas Edison Charter

March 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!



Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!
Available Daily:

Assorted Cereal with Graham Crackers
Assorted Fruit
100% Juice Selection
Milk Selection

Student Breakfast

\$1.75

Adult Breakfast

\$2.25

Reduced Breakfast

\$0.30

take time for
SCHOOL BREAKFAST



Nutrition News

Celebrate National Nutrition Month®!

Take the time this month to "put your best fork forward®" by achieving the following goals:

- Focus this month on eating fruits and vegetables from all the colors of the rainbow.
- Choose all 5 meal components for a well-balanced meal- each food group provides us with different nutrients our bodies need to be healthy.
- Enjoy the food you are eating to fuel your body- slow down and savor each bite!

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	2 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	3 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
6 Cereal Bag Assorted Fruit 100% Fruit Juice Milk Selection	7 CinniMinis Assorted Fruit 100% Fruit Juice Milk Selection	8 Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	9 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	10 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
ARE YOU UP FOR THE CHALLENGE?		CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!		
13 Egg and Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	14 CinniMinis Assorted Fruit 100% Fruit Juice Milk Selection	15 Half Day Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	16 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	17 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
20 Cereal Bag Assorted Fruit 100% Fruit Juice Milk Selection	21 CinniMinis Assorted Fruit 100% Fruit Juice Milk Selection	22 Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	23 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	24 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
27 Egg and Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	28 CinniMinis Assorted Fruit 100% Fruit Juice Milk Selection	29 Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	30 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	31 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"