

Thomas Edison Charter

June 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!
Available Daily:

Assorted Cereal with Graham Crackers
Assorted Fruit
100% Juice Selection
Milk Selection

Student Breakfast

\$1.75

Adult Breakfast

\$2.25

Reduced Breakfast

\$0.30

take time for
SCHOOL BREAKFAST



Nutrition News

June is National Dairy Month!

Dairy foods help keep our bodies healthy by providing us with nine essential nutrients such as calcium and vitamin D. Vitamin D helps our bodies absorb calcium. Did you know, our bodies can make vitamin D from exposure to sunlight! Calcium and vitamin D make our bones and teeth strong! Aim for three servings of dairy a day (milk, yogurt, or cheese). Don't forget to select a cold low-fat milk with your lunch!

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
	FUN and SUN 		1 Yogurt Parfait with Granola Assorted Fruit 100% Fruit Juice Milk Selection	2 Breakfast Ring Assorted Fruit 100% Fruit Juice Milk Selection
5 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	6 CinniMinis Assorted Fruit 100% Fruit Juice Milk Selection	7 Pancakes or Waffles Assorted Fruit 100% Fruit Juice Milk Selection	8 Yogurt Parfait with Granola Assorted Fruit 100% Fruit Juice Milk Selection	9 Breakfast Ring Assorted Fruit 100% Fruit Juice Milk Selection
12 Half Day Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	13 Half Day CinniMinis Assorted Fruit 100% Fruit Juice Milk Selection	14 Half Day Pancakes or Waffles Assorted Fruit 100% Fruit Juice Milk Selection	15 Half Day Yogurt Parfait with Granola Assorted Fruit 100% Fruit Juice Milk Selection	16 Half Day Breakfast Ring Assorted Fruit 100% Fruit Juice Milk Selection
19 Half Day Chef's Special Assorted Fruit 100% Fruit Juice Milk Selection	20 Half Day Chef's Special Assorted Fruit 100% Fruit Juice Milk Selection	21 Half Day Chef's Special Assorted Fruit 100% Fruit Juice Milk Selection Last Day of School!	22	23

enjoy your
Summer Vacation!



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MENU SUBJECT TO CHANGE

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