

Thomas Edison Charter

December 2016 Breakfast Menu

Healthy Meals Grow Healthy Kids!

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast

\$1.75

Adult Breakfast

\$2.25

Reduced Breakfast

\$0.30

take time for
SCHOOL BREAKFAST



Nutrition News:

During the cold winter months it is important to remember to stay on track with your healthy habits. Be sure to continue to eat well-balanced meals, get moving either inside or outside (be sure to dress warmly), and get enough sleep.

By practicing these healthy habits you will feel energized for the cold months ahead!



MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	2 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
5 Egg and Cheese on a Bun Assorted Fruit 100% Fruit Juice Milk Selection	6 Assorted Muffins Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	7 Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	8 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	9 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
12 Cereal Bag Assorted Fruit 100% Fruit Juice Milk Selection	13 Assorted Muffins Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	14 Pancakes Assorted Fruit 100% Fruit Juice Milk Selection	15 Yogurt Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	16 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection
19 School Closed	20 School Closed	21 School Closed	22 School Closed	23 School Closed
<div style="display: flex; justify-content: space-between;"> 26 27 28 29 30 </div> <h2 style="text-align: center;">Enjoy your Winter Break & Have a Happy New Year!</h2>				

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: www.maschiofood.com



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