



Thomas Edison Charter

April 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch	\$3.00
Reduced Lunch	\$0.40
Adult Lunch	\$4.00

MASCHIO'S MAIN EVENT

Maschio's Swap Outs

- Monday:** Cheeseburger on a Bun
- Tuesday:** Crispy Chicken Salad with a Roll
- Wednesday:** All Natural Beef Hot Dog on a Bun
- Thursday:** Chicken Caesar Salad Meal
- Friday:** Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

- Yogurt Parfait with Granola
- Veggie Burger on a Bun
- Hummus Platter
- Yogurt and Bagel Meal



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

 Check us out on Facebook : Maschio's Food Services, Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
3  Pretzel Hot Dog Battered French Fries 100% Juice Sorbet Opening Day	4 Fiesta Chicken Nacho Platter with Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	5 Half Day Macaroni & Cheese Warm Breadstick Vegetable Medley Fresh or Chilled Fruit	6 New Item! Breakfast for Lunch French Toast Sticks Breakfast Sausage Confetti Fries Fresh or Chilled Fruit	7 Personal Pan Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
10 School Closed	11 School Closed	12 School Closed	13 School Closed	14 School Closed
17 Chicken Nuggets Buttered Noodles Honey Glazed Carrots Fresh or Chilled Fruit	18  Grilled Cheese Sandwich Home-Style Minestrone Soup Fresh Cucumber Coins Fresh or Chilled Fruit	19 Pasta Day with Meat Balls Garlic Breadstick Sautéed Broccoli Fresh or Chilled Fruit National Garlic Day	20 New Item! Breakfast for Lunch Pancakes with Warm Berry Compote Breakfast Sausages Hash Browns Fresh or Chilled Fruit	21 NY Style Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
Eat the Colors of the Rainbow Week!				
24 Popcorn Chicken Dinner Roll Tater Tots Fresh Celery Dippers Fresh or Chilled Fruit	25 Mozzarella Sticks with Marinara Sauce Breadstick Freshly Prepared Garden Salad Fresh or Chilled Fruit Earth Day	26 Hamburger or Cheeseburger on a Bun Smile Fries Fresh or Chilled Fruit Heartzels Pretzels National Pretzel Day	27 Herbed Roast Chicken Seasoned Rice Vegetable Medley Fresh or Chilled Fruit	28 Assorted Cheese Pizza Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit
				

Our well-balanced lunches available for the week, average between 550-650 calories.

Questions or Concerns? Please Visit www.MaschioFood.com

Cash and checks are accepted for advance meals. For online payments visit: Mealtime Online on your school website

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"